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From Our Kitchen—Features reader recipes, tested and tasted in HY kitchen, beginning November, 1962.

Harvest Years Reader's Page—Reader letters, poems, Reader Swap Service, Remember When? and other reader items.

Just Poking Around—A round-up of short items of particular interest to retirees: news, reader contributions, humor, human interest, etc.

Practically Speaking—Helpful hints on ways to save energy, time, and money. Many reader-contributed items.

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Practically Speaking—Regular monthly service that features money and energy-saving ideas.

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